

Mr T's Chili

2 lb ground beef
4 tbs water
1 tbs oil
1 lg onion chopped
2 tsp ea: salt, sugar, Worcestershire sauce, cocoa, ground cumin, oregano
1-1/2 tbs chili powder
2 16oz. cans kidney beans
3 16oz. cans diced tomatoes

Brown ground beef in oil. Add onion and cook until onions turn clear. Add remaining ingredients except kidney beans and simmer 1 hour covered. Add kidney beans and cook 1 additional hour uncovered.

Serve On the Side:

Shredded cheddar cheese
Sour Cream
Tabasco Sauce
Saltine Crackers

This will fill a 12" Dutch Oven and should feed 8 – 10 people